

# Shapeshift Vlog Transcript

## SUMMARY KEYWORDS

aberdeen, devising, learnt, theatre, artists, workshop, performing, opportunity, edinburgh, glasgow, space, people, gap, daunting, important, create, community, talent, facilitation, context

## SPEAKERS

Annabel, Nathan, Josh

### **Annabel** 00:00

As an Aberdonian artist, I was really drawn to this project for its location and the opportunity to connect with other young artists based in the city. I guess create a kind of community and a network where we can think about what opportunities and possibilities we wanted going forward, as well as just create work together and figure out who else is there and what work we want to make. I think my highlight of the week so far has been facilitating workshops on practitioners that I have not worked on for a while, but I really love. Traineeships like this are so important. They offer such a great opportunity to kind of, yeah, bridge the gap between being the one that's enjoying the workshop, and the one leading the workshop. Traineeships like this are really a great way of kind of guiding you through that process and supporting you to achieve the things that you want to achieve. And this one in particular, has offered me a chance to, to make goals for myself and to structure exactly what I'm going to get out of the time here. And that's meant that I've learned so much I've got experience that I've always needed to fill the gaps in my knowledge and my understanding of things and just being able to be comfortable and be myself in a space that could otherwise maybe be quite daunting

### **Josh** 01:35

Projects like Shapeshift are important to young artists like ourselves because it develops a community for performing in Aberdeen, which we don't have a good outreach for performing right now. But having Shapeshift is going to start that back up and hopefully more to do within devising and even performing as a whole.

### **Nathan** 01:56

It also allows them to express themselves in a space that they might not feel listens to them often and it can create a comfort to be able to express deeper emotions that I think get lost. Well I just find value of having it in Aberdeen is because there's not really a lot of opportunities that we find in Aberdeen. Although there's NesCol, and stuff like that, often I think other people can be, sometimes, lost between Edinburgh and Glasgow so I feel like the value of having Shapeshift come here is that talent can sometimes slip through the cracks especially in Aberdeen so having it come here, allowing us, Aberdeen artists to really take to the stage and allow us time to be in the spotlight.

### **Josh** 02:34

Especially to be working in an environment like this. Not normally do you have local performers going into this space [His Majesty's Theatre]. There is a lot of talent in Aberdeen that doesn't get seen to because the main central belts are normally in Edinburgh and Glasgow but if we start to incorporate performing, even devising theatre into Aberdeen we can hopefully make some progression with it.